

practicing
silence &
solitude



Canopy Course, Semester 4
Led by Pastor Lars Stromberg

Description:

This cohort is intended for adults who are aware of the need to unplug, who struggle to find times of meaningful intimacy with Jesus, who have trouble being still and quiet, or who crave a reset in their spiritual journey. We will look at the reasons why silence and solitude are so difficult in this day and age, look at the Biblical and historical precedence for solitude, and come up with a plan to practice silence solitude in our lives on a regular basis,

Cost: \$200 per person

The fee will go toward learning resources and a group solitude retreat in April at the Hermitage Center in Three Rivers, Michigan.

Schedule Notes:

We will meet monthly beginning in November at an agreed upon time at church. Our gatherings will lead to a solitude retreat in April that will span Thursday night to Saturday afternoon. Date TBD.

For more inquiries contact Pastor Lars at lars@hinsdalecovenant.com or 773.627.6768.